

LPC Flex Day

Tuesday, September 27, 2016

Time	Session	Presenter	Location
<b>7:30 - 9:00 Continental Breakfast</b>			
<b>Session I</b>			
<b>8:00 - 9:00</b>	<b>An Introduction to eLumen for faculty</b> This workshop will go over the basics of navigating the new eLumen system for those with faculty access (locating SLOs, designing assessments, and entering data). This workshop is appropriate for both full-time and part-time faculty using SLOs designed by the discipline SLO point-person.	<b>John Ruys</b> <b>Ann Hight</b>	<b>2414</b>
	<b>Program Review and SLOs</b> This workshop will review this year's Program Review Update (PRU) template. We will be available to answer questions about the template or the process. There are computers available to work on your PRU there. Note: Please also remember that Section Two of the PRU will no longer be required. The updated template is attached and also posted on the Program Review website: <a href="http://www.laspositascollege.edu/instructionalprogramreview/index.php">http://www.laspositascollege.edu/instructionalprogramreview/index.php</a>	<b>Karin Spirn</b>	<b>2412</b>
<b>9:10 - 10:10</b>	<b>Globalizing the Curriculum: Opening our Students' Minds to the World</b> If you're excited about doing more to introduce our students to the cultures and politics of the world, whether beyond the US or within it, please come to this flex day session on globalizing the curriculum. We're by now used to hearing sound bites about how we need to prepare students for being "global citizens," but we have not spent much time as a college talking about what that means and how to build upon and improve our curriculum and campus culture to get them there. If you have any favorite class assignments or course themes that work towards this goal that you would like to share, please bring them! We are especially interested in building a team to win a Stanford grant for curriculum innovation and to develop a Global Studies major.	<b>Katie Eagan</b> <b>Patricia Stokke</b>	<b>2480</b>
	<b>physics and technology: how nature, art and music are shaping the classroom.</b> In case you are wondering "what do cloud formations, wood winds, guitar, and flame throwers have in common?" ....Or "how can I use electromagnetic hybrid technology to make the worlds smallest train?" Or...,"what would it be like if we could simply replicate the parts, equipment and missing pokemans Star Trek style?" Well if you answered yes to any the above come to room 1831 to see Andrew and Eric show and tell what they and our Engineering and physics students have been doing lately!	<b>Andrew Lozano</b> <b>Eric Harpell</b>	<b>1831</b>
	<b>Walking Tour / Identifying Native California Drought Resistant Plants</b> Take a walk with Tom and Michal and learn about California Native Plants and how to identify them. If you have thought about creating a drought tolerant garden here is an opportunity to learn about some of the native drought resistant plants.	<b>Tom Fuller</b> <b>Michal Shuldman</b>	<b>Lobby 2420</b>
	<b>Putting Course SLOs into Practice: Mapping SLOs to Your Course Assignment</b> In this workshop, Marty Nash will help faculty examine how their course assignments connect to their course SLOs. Please bring or have access to a course syllabus that contains a course calendar of assignments as well as the course's SLOs.	<b>Marty Nash</b>	<b>2414</b>
<b>10:20 - 12:30</b>	<b>Growth Mindset</b>	<b>Kristy Woods</b>	<b>2450</b>

## LPC Flex Day

**Tuesday, September 27, 2016**

	<p>"Growth Mindset - the idea that we can grow our brain's capacity to learn and to solve problems... There are two ways to think about a problem that's slightly too hard for you to solve. Are you not smart enough to solve it ... or have you just not solved it yet?" From employers, to athletics to education – everyone is talking about how it is important to identify and foster potential talent and not just identify talent. How do we recognize and foster our own potential? Our colleagues? Our students? Research clearly supports that having these discussions and short activities in Growth Mindset makes the difference in whether someone embraces challenge and struggle as an opportunity to learn or gives up. Come experience and explore how we can do this as individuals and with students.</p>	<b>Paula Schoenecker</b>	
<b>Session II</b>			
<b>10:20 - 11:20</b>	<p><b>Chi Gong</b> Chi Gong is the art of meditative breathing: Chi Gong or Qi Gong are ancient Chinese healing energy exercises and techniques. These are simple movements combined with thought and intention to become healthy, increase energy, get rid of toxins, and relax the mind and body.</p>	<b>Craig Kutil</b>	<b>PE-213</b>
	<p><b>Program Review and SLOs</b> This workshop will review this year's Program Review Update (PRU) template. We will be available to answer questions about the template or the process. There are computers available to work on your PRU there. Note: Please also remember that Section Two of the PRU will no longer be required. The updated template is attached and also posted on the Program Review website: <a href="http://www.laspositascollege.edu/instructionalprogramreview/index.php">http://www.laspositascollege.edu/instructionalprogramreview/index.php</a></p>	<b>Karin Spirn</b>	<b>2412</b>
	<p><b>An Introduction to eLumen for discipline coordinators</b> This workshop will go over the basics of navigating the new eLumen system for those with coordinator access (writing/editing SLOs, planning assessments, and locating SLO data for use in Program Review). This workshop is appropriate for both full-time and part-time faculty serving as the discipline SLO point-person.</p>	<b>John Ruys Ann Hight</b>	<b>2414</b>
	<p><b>International travel</b> This session is an opportunity to discuss building faculty multicultural competency with international travel. If you are aware of any travel opportunities (travel abroad for example) please come and share. This is a great opportunity to continue the discussion from the previous session Globalizing the Curriculum.</p>	<b>Katie Eagan Patricia Stokke</b>	<b>2480</b>
	<p><b>Military Culture 101</b> Understanding Military Culture and why mental health has such a bad stigma. Covering some common misconceptions of PTSD. Understand Student veterans from the point of view of the veteran. Understanding the GI bill and how dropping 1 class can literally leave a veteran homeless. Understanding the process a veteran goes through when transitioning out of the military and why school is the best option. Covering some of the reasons why veterans do what they do. Giving solutions to faculty and staff regarding concerns in dealing with veterans. Giving the audience an understanding of the mindset of "most" veterans in regards to school and the "Billy Madison" affect.</p>	<b>Kevin Benetz</b>	<b>2490</b>
	<p><b>ZOOM: Best Practices in Online Office Hours</b> The focus of this one hour session will be on the use of ZOOM to hold effective and dynamic online office hours.</p>	<b>Howard Blumenfeld</b>	<b>2410</b>

**Discipline Meeting**

**TBD**

## LPC Flex Day

**Tuesday, September 27, 2016**

	An opportunity for discipline faculty to meet. The discipline meeting is appropriate for both Full-time and Part-time faculty. <b>The meeting place is to be determined by each discipline.</b>		
11:30 - 12:30	<b>Instructor Evaluation Training</b> This session will provide an overview of the evaluation process. What does the contract say about the process of evaluating Full-Time and Adjunct Faculty. Appropriate for both Full-Time and Part-Time Faculty	LaVaughn Hart	2470
	<b>Swim/ Aerobics</b> Swimming is awesome cardio, completely no-impact on your joints, and a calorie-torching total-body workout. It also stretches and lengthens your body—something your body probably doesn't get enough of.	Life Guard	Pool
	<b>Teaching Men of Color</b> You don't have to be a person of color to be an effective instructor to men of color, but you can attend the "Teaching Men of Color" session to learn more about the Teaching Men of Color Certificate Program available free of charge to all LPC Faculty, Staff, and Administrators through December 2016. Presenters will provide an overview of the course, share their experiences taking the course, and provide summaries of some of the content. We encourage those who are currently doing the training, and those who have completed it, to join us in sharing some of what we've learned, and encouraging others to take advantage of the free training that can be done from the comfort of your own laptop .	Kali Rippel Michelle Gonzales Erick Bell	2460
	<b>Measure A Bond Funding</b> Doug will share with us some of the proposed uses of the \$950,000,000 approved by the voters last June.	Doug Horner	2480
	<b>Working with Student Area Outcomes (SAOs) in eLumen</b> This workshop will introduce faculty and staff who work with SAOs to the new eLumen system. We will go over the basics of navigating the system including how to enter SAO data and how to write/edit SAOs. This workshop is appropriate for faculty and staff in the Student Services area and the Library.	Scott Vigallon	2410
<b>12:30 - 1:00 Lunch on your own</b>			
<b>Session III</b>			
1:00 - 3:50	<b>3CSN Reading Apprenticeship in STEM (Lunch Provided from 12:30 - 1:00)</b> This highly interactive workshop will engage participants in metacognitive conversations centered on complex disciplinary texts that defeat many students. You must request a free ticket: <a href="https://rainstematlaspositascollege.eventbrite.com">https://rainstematlaspositascollege.eventbrite.com</a> <b>Note: All disciplines are welcome!</b>	Kristy Woods Teresa Martin Linda Zarzana	1726
	<b>MLA &amp; APA Across the Curriculum</b> During the workshop, we hope to learn more about the various source integration/documentation requirements students encounter as they move from class to class, and how these varied requirements might be affecting demonstrations of competence in this area. To that end, we will invite workshop attendees to share in discussion their own documentation requirements and experiences with students' writing.	Angelo Bummer Kali Rippel Mike Sato	2450
	<b>CurricuNet Training</b> This workshop will introduce faculty and staff that work with curriculum to the CurricuNet system. Appropriate for both Full-Time and Part-Time Faculty	Craig Kutil	2412
	<b>Tour of the Las Positas College Wine Program</b>	David Everett	1814

## LPC Flex Day

**Tuesday, September 27, 2016**

	Livermore Valley aims to be the next great wine region and the Las Positas College wine program is a big part of this. David will take you on a tour of the program. Rumor has it that the tour will include a tasting of the end product.		
	<b>Chair Massage (there is a fee associated with this activity)</b> Stop by for a brief chair massage after lunch from a Certified Massage Therapist. Chair massages can help reduce stress, decrease anxiety and depression, relieve muscle tension and pain, and increase focus and energy. Chair massages will be \$1 per minute, and you can request anywhere from 3 to 10 minutes.	<b>Angel Cardenas, CMT</b>	<b>PE 143</b>
<b>1:30 - 3:20</b>	<b>Working Together: Sensitive Situations</b> Come join us as we discuss sensitive situations in the workplace, including dealing with difficult people, teaching controversial topics, grading controversies, teaching in non-standard formats, and other emotionally-charged topics.	<b>Howard Blumenfeld Marsha Vernoga Marty Nash     Steve Chiolis</b>	<b>2470</b>
	<b>Discipline Meeting</b> An opportunity for discipline faculty to meet. The discipline meeting is appropriate for both Full-time and Part-time faculty. <b>The meeting place is to be determined by each discipline.</b>		<b>TBD</b>
<b>Session IV</b>			
<b>2:00 - 3:50</b>	<b>Race and Diversity</b> This is an opportunity for colleagues to exchange information about how to promote LPC's value of "promoting ethical behaviour, tolerance, and mutual respect in a diverse community" when facilitating discussions in the classroom. Kristine and Patricia will share some of their research on this topic, some of the challenges they have faced in the classroom and how they handled them.	<b>Kristine Vanderhoof Patricia France Jeremiah Bodnar</b>	<b>2460</b>
<b>2:20 - 3:20</b>	<b>An Introduction to eLumen for faculty</b> This workshop will go over the basics of navigating the new Elumen system for those with faculty access (locating SLOs, designing assessments, and entering data). This workshop is appropriate for both full-time and part-time faculty using SLOs designed by the discipline SLO point-person.	<b>John Ruys Ann Hight</b>	<b>2414</b>
	<b>Program Review and SLOs</b> This workshop will review this year's Program Review Update (PRU) template. We will be available to answer questions about the template or the process. There are computers available to work on your PRU there. Note: Please also remember that Section Two of the PRU will no longer be required. The updated template is attached and also posted on the Program Review website: <a href="http://www.laspositascollege.edu/instructionalprogramreview/index.php">http://www.laspositascollege.edu/instructionalprogramreview/index.php</a>	<b>Karin Spirn</b>	<b>2412</b>
	<b>Stress Management</b> Benefits of Stress Management: Increase resilience, Reduce worrying and stress, Achieve focus and attention, Foster kindness and patience, Develop better awareness, Improve mood and self-esteem, Accept what is and cannot be changed.	<b>Hillary Burke</b>	<b>2480</b>
	<b>Yoga &amp; Health</b> Yoga is a mind-body practice that combines stretching exercise, controlled breathing and relaxation. Yoga can help reduce stress, lower blood pressure and improve heart function.	<b>Donna Manning</b>	<b>PE 213</b>
<b>3:30 - 4:30</b>	<b>Cookies and Conversations</b>		<b>TBD</b>