



**2-3:30pm**

**Building 1000**

**Room 1007**



**BEHAVIORAL  
HEALTH  
WORKSHOP  
SERIES**



**2/14/24: A Sleep Discussion with  
Dr. Irena Keller**

**3/13/24: Alcohol and Drug Use with  
Dennis McReynolds**

**3/27/24: Navigating Through Uncertain Times/Trauma  
with the use of Alcohol, Vaping and Drug Use with Lynn  
Gardner**

**4/10/24: Sexual Assault Awareness Discussion with  
Michelle Davis, Tri Valley Haven**

**5/8/24: Talk Saves Lives with  
Christina Cappello,  
American Foundation Suicide Prevention**