Notes:

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INTERESTED IN A MORE CREATIVE APPROACH TO YOUR EDUCATION?

Take a class in the
LAS POSITAS COLLEGE THEATER PROGRAM!
Intro Classes available – no experience necessary.

Try Acting!

THEA 1A - Theory/Practice of Acting I
Credits: 3.00
Introduction to the techniques and theories of acting, explored through improvisation, exercises and scene study. Development of the physical and psychological resources for acting including relaxation, concentration, creativity, believability, and commitment. Transfer: CSU

THEA 1B - Theory/Practice of Acting II
Credits: 3.00
Continued exploration of the theory and practice of acting, focusing on more complex characterization and character analysis. Introduction to theatrical styles and period acting using monologues and scenes. Prerequisite: Theater Arts 1A (or equivalent).

THEA 3A/B - Theater Improvisation
Credits: 3.00
Workshop exercises in theater experience through short and long format improvisation games! Mimes, characterizations, scene setting, mood and material for extended ensemble improvisation. Recommended for non-theater as well as theater majors.

THEA 5 - Children's Theater
Credits: 3.00
Introduction to the techniques of children's theater. Creation and performance of a theatrical production designed for children in local shows and for local audiences. Be a kid's hero on stage! Join the show! Casting subject to audition.

THEA 25 - Fundamentals of Stage Speech
Credits: 3.00
Theory and practice of speech improvement for acting. Development of the voice, articulation and pronunciation for theater production. Covers speeches and oral traditions from 600 to the present. Be the most interesting person at dinner, as you wow them all with your many accents!

THEA 31 A/B/C/D - Drama Workshop
Credits: 3.00
Ever wanted to try directing or creating your own theater experience? This student-centered course focuses on experimental workshop plays, original student scripts, and other projects, possibly leading to scheduled performances.

THEA 39A/B/C - Musical Theater Workshop
Credits: 4.00
Training in performance skills for the musical theater. Become a triple-threat as you hone your skills in acting, song, and dance! No experience necessary! Dual enrollment with Music 39.

THEA 47A/B/C/D – Performance in Production
Credits: 3.00
Let your star shine! This is your moment – join the theater program and live out your dream of being on the stage! Participation in cast of scheduled major production. Enrollment is for the duration of the production. Enrollment by audition only.

Try Learning about the Style and History of Theater!

THEA 4 – American Cultures in Theater
Credits: 3.00
The history, representation and contributions of various ethnic groups in American theater and the study of theater as an instrument for expressing and understanding cultural identity.

THEA 10 - Introduction to Dramatic Arts
Credits: 3.00
Explore the history of theater through lively lecture and active participation in this course, designed to help you develop a greater appreciation and understanding of a 2500 yr. old art form.

THEA 11 - Stage To Film
Credits: 3.00
Major plays which subsequently have been made into films. Analysis of play scripts augmented by a viewing and analysis of the film adaptation. Major areas of concentration vary from semester to semester.

THEA 12 - Film As Art & Communication
Credits: 4.00
Introduction to film as art and communication. Analysis of film expression including narrative, documentary, and experimental. Show up all of your friends with your intricate understanding of the techniques in filmmaking for storytelling.

THEA 14 - Bay Area Theatre
Credits: 3.00
Appreciation of currently available theater performance by reading, evaluating, and having the option of attending as many as eight plays concurrently in performance in the area. Credit for more than 1 unit requires completion of special projects. Get credit for supporting the arts!

Try Learning Hands-On!

THEA 50 - Stagecraft
Credits: 3.00
Introduction to technical aspects of theatrical production, including theater architecture and scenic design, set construction and painting, drafting and rendering, production organization, lighting and sound design. "Get your feet wet" and your hands dirty in this active and activity-based class.

THEA 50L - Intro to Stage Lighting
Credits: 3.00
Research, imagine and design lighting for a play or musical for production in the Las Positas College Theater. Experience how lighting can help set the mood, from dramatic to romantic, in this speciality course!

THEA 48A/B/C/D – Technical Theater in Production
Credits: 3.00
Help bring the artistic vision of a play to life by assisting in the creation of the set and costumes of the play. Without you, the show can't go on! Enrollment is for the duration of the production.

THEA 51 - Intro to Costume Design
Credits: 3.00
Students will study costume history, design, and basic construction techniques as an introduction to basic theatrical costuming. Introduction to basic makeup design; makeup application techniques and design; special effects makeup techniques.

THE ADVANTAGES THEATRE MAJORS HAVE FOR ALL JOBS

or....

25 Special Advantages YOU Have.

Of course theatre majors can "do" theatre. But they also develop a neatly large number of highly valuable skills that make them valuable employees for any job. This article seeks to help you recognize your special advantages as a theatre major....more advantages than almost all other liberal arts grads have.

1. Oral Communication Skills

Many students find that theatre helps them develop the confidence that's essential to speaking clearly, lucidly, and thoughtfully.

2. Creative Problem Solving Abilities

Most people expect theatre students to exhibit creativity in such areas as acting, design, playwriting or directing, and many companies do recruit creative thinkers. *But employers are not always aware that theatre experience also helps you learn creative problem-solving techniques that are applicable to many jobs.* Tell them! The point here is that your creative ability, what you've learned about using creative processes to solve problems, *can be directly applicable to virtually any job you may have.*

3. More than "get it done"

But theatre students learn that just "getting it done" isn't enough. Not at all. It goes beyond that. You learn to do it correctly. You learn to take pride in doing things at your very best level. Of course an employer will value that trait.

4. Motivation and Commitment

Being involved in theatre productions and classes demands commitment and motivation. These are qualities that college theatre faculty members and, in some measure, you and your fellow students, probably already possess. By example, we teach each other that success comes to those who are committed to the task at hand. Few other disciplines you study will so strongly help you develop motivation and commitment.

5. Willingness to Work Cooperatively

Your work in theatre companies teaches you how to work effectively with different types of people--often very different types! In theatre, it's important that each individual supports the others involved. Employers will be pleased to know that you understand how to be a team player.

6. The Ability to Work Independently

In theatre, you're often assigned tasks that you must complete without supervision. Crew chiefs. Directing. Putting together this flat, finding that prop, working out characterization outside of rehearsals. It's left up to you to figure out how best to achieve the goal. The ability to work independently is a trait employers look for in their workers.

7. Time-budgeting Skills

When you're a student, being involved in theatre forces you to learn how to budget your time. You need to schedule your days very carefully if you want to keep up your grades while you're busy with rehearsals, work calls, and the other demands that theatre makes on your time. Good time management skills are enormously important to employers.

8. Initiative

Personnel managers call people who approach work with initiative and enterprise "self-starters," people who do what needs to be done without waiting to be asked, without needing to be told. We learn how to take initiative, to move a project from initial concept to finality--and to do it well.

9. Promptness and Respect for Deadlines

Tardiness is never acceptable in theatre because it shows a lack of self-discipline, and more importantly, a lack of consideration for others. Being late for a rehearsal or a work call or failing to finish an assigned task on time damages a production and adversely affects the work of many other people. That's a job-skill. Employers appreciate workers who are on time and do their work as scheduled.

10. Acceptance of Rules

In theatre you work within the structure of a set of procedures and rules that deal with everything from shop safety to behavior at auditions, rehearsals and work calls. Theatre teaches you the importance of rules, a concept that's valued in any organization.

11. The Ability to Learn Quickly-- *AND* Correctly

Theatre students, whether they're memorizing lines or learning the technical aspects of a production, must have the ability to absorb a vast quantity of material quickly--and accurately. Your work in college theatre will show that you have the ability to grasp complex matters in a short period of time, a highly-valued trait to employers. Note that part of this ability is another significant trait: *knowing how to listen.* Listening is a skill for any job and an employer will respect your ability to listen and comprehend.

12. Respect for Colleagues

In theatre you discover that a successful production requires contributions from everybody who's involved. Mutual respect is essential. Working on a production teaches us to respect and trust the abilities and talents of our colleagues. A prospective employer will appreciate the fact that you have learned the importance of respecting your co-workers.

13. Respect for Authority

Only one person can be in charge of any given portion of a production. The director. The shop foreman. The tech director. The designer. Theatre teaches you to willingly accept and respect authority. That's a trait employers look for in their workers.

14. Adaptability and Flexibility

Theatre students must be adaptable and flexible. You need to be willing to try new ideas, accept new challenges, and have the ability to adapt to constantly changing situations and conditions. A worker who is versatile and flexible is highly valued to most employers; both traits prove that you are able and willing to learn new things.

15. The Ability to Work Under Pressure

Theatre work often demands long hours. There's pressure--often, as you know well, *a lot* of pressure. The ability to remain poised under such tensions in an asset that will help you cope with stress in other parts of your life, including your job.

16. A Healthy Self-Image

To work in theatre, you must know who you are and how to project your individuality. But at the same time, it's important to recognize the need to make yourself secondary to the importance of a production. This is a tricky balance that, although difficult to accomplish, is a valuable trait that employers treasure.

17. Acceptance of Disappointment-- And Ability to Bounce Back

Theatre people learn to deal with dashed hopes and rejection on a regular basis. You learn to accept that kind of disappointment and move on. You try again. Employers need workers who are resilient enough to bounce back from this kind of frustration.

18. Self-Discipline

Theatre demands that you learn how to control your life. More than other students, you are forced to make choices between keeping up with responsibilities and doing things you'd rather do. You learn to govern yourself. An employer will respect that ability.

19. A Goal-Oriented Approach to Work

Many aspects of theatre involve setting and achieving specific goals. In employer's terms, you've learned to be task-oriented and capable of finding practical ways to achieve goals.

20. Concentration

Busy theatre students, involved in a production or other theatre projects while also taking a heavy academic load, must learn to concentrate if they are to succeed. Acting classes in particular stress concentration, and once you have learned that skill as an actor, it can be transferred to other activities.

21. Dedication

As you work in theatre you learn to dedicate your very being--to doing your best to create a successful production. Many theatre students discover that committing oneself to a given task is deeply rewarding. Employers respect workers who have learned the value of dedication.

22. A Willingness to Accept Responsibility

Theatre students sometimes have an opportunity that is seldom given to students in other disciplines--the chance to take on sole responsibility for a special project. Being a production stage manager...a designer...a crew chief...a director. Students with other majors seldom have anything even close to these lessons. You can expect employers to value this unusual ability.

23. Leadership Skills

As a theatre student, you have many opportunities to assume leadership roles. You may, for example, assist a director or designer and lead other volunteers, serve as a crew chief, or even design or direct a production yourself. In the nurturing environment of theatre, faculty help you learn from mistakes so you become a better leader.

24. Self-Confidence

Theatre training teaches you confidence in yourself. Your accomplishments in theatre show you that you can handle a variety of jobs, pressures, difficulties and responsibilities. You develop a "*Yes, I can!*" attitude. Of course an employer will treasure that.

25. Enjoyment -- "This is Fun!"

Yes. It is. We've learned how to find enjoyment in what we do. That's a valuable attribute. We can adapt that to other jobs, find ways to enjoy other activities. That positive attitude will mean a great deal to any employer.

Originally published in Dramatics Magazine

Theater Arts Faculty **Suggested** General Education (LPC GE, CSU, AND IGETC units) pathway:

These are not the only options, just a helpful guide for planning.

IGETC Area 1/LPC GE Pattern/CSU Area A: **UNITS**

☐ENGLISH 1A or _____ 3
☐ENGLISH 4 or _____ 3
☐SPEECH 1 or _____ 3

IGETC Area 2/ LPC GE Pattern/CSU Area B4:

☐MATHEMATICS 33 or _____ 3

IGETC Area 3/ LPC GE Pattern/CSU C:

☐THEATER 4 or _____ 3
☐THEATER 10 or _____ --
☐HUMANITIES 3 or _____ 3

IGETC Area 4/ LPC GE Pattern/CSU D:

☐MASS COMMUNICATION 31 or _____ 3
☐HISTORY 7 or _____ 3
☐HISTORY 8 or _____ 3

IGETC Area 5/ LPC GE Pattern/CSU B1-3:

☐ANTHROPOLOGY 1 or _____ 3
☐ (LAB REQUIREMENT) or _____ 1
☐ENVIRONMENTAL STUDIES 5 or _____ 3

IGETC Area 6:

☐AMERICAN SIGN LANGUAGE 1A or _____ 3
☐(or 2 years of study in High School of any same language, C or better)

IGETC/ LPC GE Pattern/CSU American Institutions Requirement:

☐Group 1:

☐HISTORY 7
☐HISTORY 8

CSU E:

☐SPEECH 10 or _____ 3

LPC GE Pattern

☐ **American Cultures:** Fulfilled with THEATER 4 (see above) /
☐ **Health and Wellness:** open

TOTAL: 40

THEATER ARTS MAJOR:

Associate Degree for Transfer (W/ 'C' OR BETTER)

☐THEA 10	INTRO TO DRAMATICE ARTS	3
☐THEA 1A	THEORY & PRACTICE OF ACTING I	3
☐THEA 48A	TECHNICAL THEATER IN PRODUCTION	3
Or		
☐THEA 47A	PERFORMANCE IN PRODUCTION	3

3 classes/9 units of the following:

☐THEA 1B	THEORY & PRACTICE OF ACTING II	3
☐THEA 50	STAGECRAFT	3
☐THEA 50L	INTRO TO LIGHTING DESIGN	3
☐THEA 51	INTO TO COSTUME DESIGN	3
☐THEA 47A	PERFORMANCE IN PRODUCTION	3
Or		
☐THEA 48A	TECHNICAL THEATER IN PRODUCTION	3

Associates Degree – Theater (LPC additional requirements) - *no transfer guarantee*
The above pattern in addition to the below

☐THEA 31A-D	DRAMA WORKSHOP *each level counts for 3 units credit	3

2 classes/6 units of the following:

☐THEA 3A	IMPROVISATION	3
☐ THEA 25	FUNDAMENTALS OF STAGE SPEECH	3
☐ THEA 39A-C	MUSICAL THEATER *each level counts for 3 units credit	3
☐ THEA 47A-D	PERFORMANCE IN PRODUCTION *each level counts for 3 units credit	3
☐ THEA 47B-D	TECHNICAL THEATER IN PRODUCTION *each level counts for 3 units credit	3

MAJOR TOTAL:	**18 ADT/ 30 AA**
ELECTIVE TOTAL:	*as needed
GE TRANSFER TOTAL:	**40**
TOTAL UNITS needed:	**60**

* *Your elective total may increase if there are courses you did not take in your GE pattern (fulfilled through test out, high school courses, etc.) or if you double counted courses (THEA 10, for instance). It is recommended to take electives in Theater, Music, Speech, or Dance.*

Suggested ELECTIVE UNITS:

(AS NEEDED ELECTIVE UNITS FROM ANY OF THE FOLLOWING COURSES)

☐THEATER 3A/B	IMPROVISATION
☐THEATER 5	CHILDREN'S THEATER
☐THEATER 11	STAGE TO FILM
☐THEATER 12	FILM AS ART AND COMMUNICATION
☐THEATER 14	BAY AREA THEATER
☐THEATER 25	FUNDAMENTALS OF STAGE SPEECH
☐THEATER 31A-D	DRAMA WORKSHOP
☐THEATER 39A-C	MUSICAL THEATER

Or from outside the Theater Discipline

☐DANCE 1

☐DANCE 5

☐MASS COM 33

☐MUSIC 6

☐MUSIC 23

☐MUSIC 33

☐SPEECH 2

☐SPEECH 5

This Theater Faculty suggested path is merely a suggestion of the courses available that would most closely relate to a career in the theater. It is by no means the only path to take. It is important that you become familiar with ALL of the courses that can fulfill your educational needs.

This recommendation does not take the place of a Student Education Plan, and students should see a counselor to devise a plan specific to their education goal(s).

NAST

NATIONAL ASSOCIATION OF SCHOOLS OF THEATRE

PURPOSES

The National Association of Schools of Theatre was established in 1965 to improve educational practices and maintain high professional standards in theatre education.

A general statement of aims and objectives follows:

- To establish a national forum to stimulate the understanding and acceptance of the educational disciplines inherent in the creative arts in higher education in the United States.
- To establish reasonable standards centered on the knowledge and skills necessary to develop academic and professional competence at various program levels.
- To foster the development of instruction of the highest quality while simultaneously encouraging varied and experimental approaches to the teaching of theatre.
- To evaluate, through the processes of voluntary accreditation, schools of theatre and programs of theatre instruction in terms of their quality and the results they achieve, as judged by experienced examiners.
- To assure students and parents that accredited theatre programs provide competent teachers, adequate plant and equipment, and sound curricula, and that they are capable of attaining their stated objectives.
- To counsel and assist institutions in developing their programs, and to encourage self-evaluation and continuing studies toward improvement.
- To invite and encourage the cooperation of professional theatre groups and individuals of reputation in the field of theatre in the formulation of curricular and operational standards.
- To establish a national voice to be heard in matters pertaining to theatre, particularly as they would affect member schools and their stated objectives.

EXAMPLE

Articulation Agreement by Major
Effective during the 14-15 Academic Year

To: **San Francisco State**		From: **Las Positas College**	
14-15 General Catalog	Semester	14-15 General Catalog	Semester

====Drama, BA====

Note: This major accepts the AA-T in Theatre (SB 1440 degree) for transfer. We recommend transfers complete the following articulated courses when course choices for the AA-T in Theatre are available. We strongly encourage students to take courses which clear the American Institution requirement and 2nd semester/quarter of English composition as part of their CSU GE or IGETC requirements for the AA-T degree (doing so will offer transfer students more choice in the 60 units of SF State course work to be taken after transfer).

Second year written composition is a prerequisite to the upper division Graduation Writing Assessment Requirement (GWAR) course in the major.

ENG 214	Second Year Written Composition-English	(3)	ENG 4	Critical Thinking and Writing About Literature	(3)
			OR		
			ENG 7	Critical Thinking and Writing Across Disciplines	(3)

A minimum grade of C is required.

OR | **OR**

An Equivalent Course: Although not articulated to SF State's English 214, the following course(s) will satisfy SF State's Second Year Composition Requirement, which is a prerequisite for the Graduation Writing Assessment Requirement (GWAR). (Effective Fall 2014 for new students, this is known as the Written Communication II requirement for SF State's Lower Division General Education.)

Second Year Composition Requirement: | No course articulated

A minimum grade of C is required.

Core Courses (Lower Division):

TH A 130	Acting Workshop I	(3)	THEA 1A	Theory and Practice of Acting I	(3)
TH A 205	Intro. to Technical Theatre and Design	(2)	THEA 40	Introduction to Technical Theater	(2)

Questions regarding this agreement may be directed to artic@sfsu.edu.

EXAMPLE

Drama, BA (continued)
The B.A. in Drama offers four areas of emphasis:

-- Performance
-- Play Development and Dramaturgy
-- Design and Technical Theatre
-- Popular Theatre

Performance Emphasis:

TH A 125	Movement I: Skills	(3)	No course articulated		
TH A 223	Voice I: Skills	(3)	THEA 25	Fundamentals of Stage Speech	(3)
TH A 230	Acting Workshop II	(3)	THEA 1B	Theory and Practice of Acting II	(3)

Some majors include lower division prerequisites that require minimum grades as high as C. Check the San Francisco State University Bulletin (catalog) for exact prerequisite information, course descriptions, and any other requirements for this major: http://bulletin.sfsu.edu

END OF MAJOR

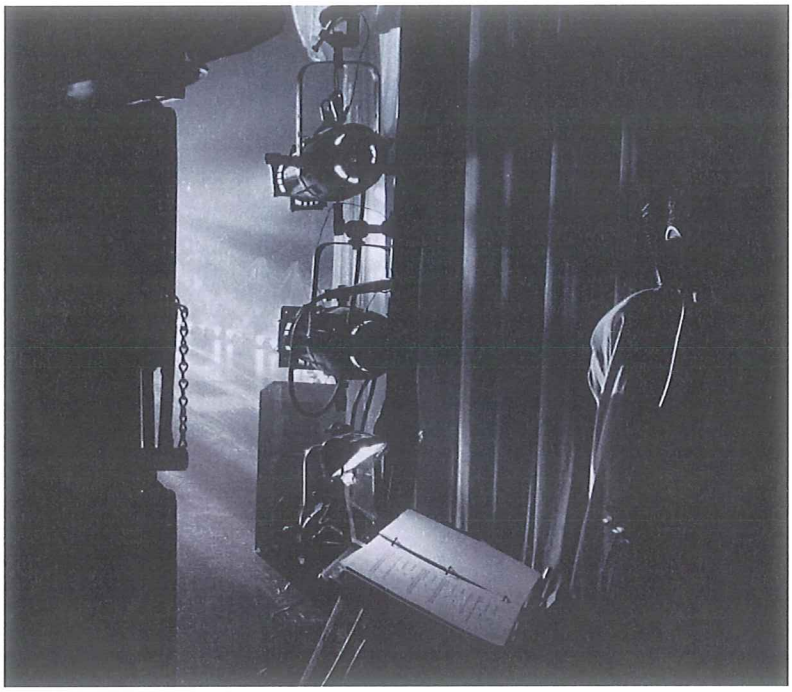
Questions regarding this agreement may be directed to artic@sfsu.edu.

Certificate of Achievement: Stage Technician

Certificate of Achievement

The mission of the theater arts program is to provide opportunities for the academic, intellectual, career, creative, and personal development of our students. Specifically, we aim to prepare our students to be well- educated theater artists through their engagement with a wide variety of courses aimed at a deeper and more profound understanding of the craft of theater and the cultural importance of the art form. The theater program's rich production traditions provide professional career training, during which students understand the breadth of the theater, from design to performance.

Our student-centered coursework and productions offer many different opportunities for students to become involved in the program and college in a meaningful, academic, and career-centered way. Many of our students will leave our program with degree and skill-specific knowledge necessary to continue on the in the performing arts. Our work remains focused on the students and the progression of their skills, as evidenced in the curriculum available, planned curriculum changes, and tradition of strong production work.



What does the Certificate of Achievement do for me?

- This program prepares students, through coursework and hands on experience, for work in technical theater. The certificate includes a wide range of topics designed to give students basic skills and knowledge to work behind the scenes in theater and other venues.

- Typical job opportunities include: lighting designer, lighting operator, scenic painter, stage/set designer, stage manager, sound operator, costume designer, or stage hand. This program also lines up with many of the foundation courses needed for an Associate for Degree for Transfer (AD-T) in Theater.

- This certificate would serve to quantify and acknowledge student success. There continues to be a need for qualified technicians within the state. With over 31,000 employers in the state of California requiring trained employees in the technical theater field, this certificate would qualify them to be aides in the professional production environment.

What classes would I need to take in order to obtain this certificate?

Program Requirements

THEA 10: Introduction to Dramatic Arts

Exploration of the history of theater through lively lecture and active participation in this course, designed to help you develop a greater appreciation and understanding of a 2500 yr. old art form.

THEA 14: Bay Area Theater

Appreciation of currently available theater performance by reading, evaluating, and having the option of attending as many as eight plays concurrently in performance in the area

THEA 48A/B/C/ & D: Technical Theater in Production: Beginning

Participation in crews of scheduled major productions. Enrollment is for the full semester.

THEA 50: Stagecraft

Introduction to technical aspects of theatrical production, including theater architecture and scenic design, set construction and painting, drafting and rendering, production organization, lighting and sound design.

THEA 50L: Intro to Lighting Design

Introduction to research, imagining, and designing lighting for a play or musical.

THEA 51: Intro to Costume Design

Introduction to costume history, design, and basic construction techniques as an introduction to basic theatrical costuming.

Where could I work with this degree?

Industries Employing This Occupation

Industry Title	Number of Employers In State of California	% of Total Employment for Occupation In State of California
Motion Picture and Video Industries	6,604	19.2%
Museums, Parks, and Historical Sites	4, 295	9.5%
Performing Arts Companies	3,808	9.2%
Independent Artists/Performers	5,220	5.0%
Specialized Design Services	11,668	4.9%

For more info about the program, please visit: http://www.laspositascollege.edu/THEA/THEAprogram.php

LPC Department of Theater Arts AA Degree for Transfer

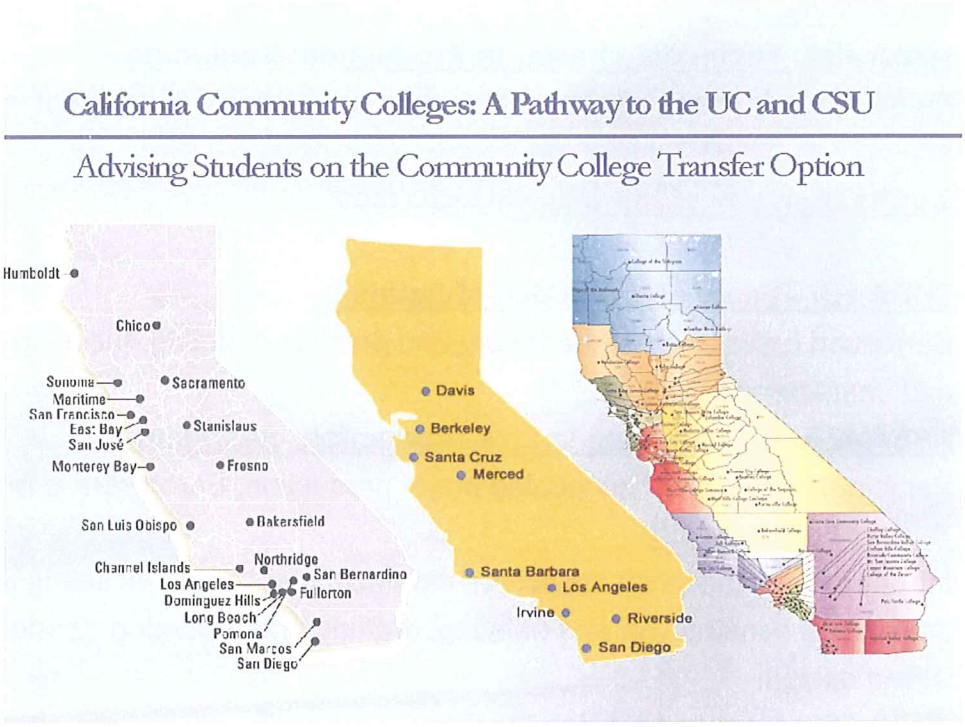
Associates Degree (For Transfer)

The Associate in Arts for Theater for Transfer (AA-T) major is designed to provide knowledge, training, and practical experience in all aspects of theater arts. The benefit of transfer admission with junior status to the CSU and UC schools is of immeasurable value for our students. The ability to save money, work towards their major, and gain training and skill in a personalized environment such as ours, will only serve to better prepare them as artists and academics. This degree follows a specific state mandated curriculum in order to make transferability easier for students.

What does the Associate Degree for Transfer program do for me?

• Creates an Associate Degree for Transfer that **guarantees your admission** with junior standing to the California State University system.

• Defines this associate degree as having 60 transferrable units that include a minimum of 18 units in a major or area of emphasis and an approved general education curriculum (either IGETC or GE Breadth).



• Provides you with **priority admission consideration** to your local California State University campus and to a program or major that is similar to the major or area of emphasis you studied at your community college.

• **Prohibits the California State University from requiring you to repeat courses** that are similar to those completed at your community college as part of your Associate Degree for Transfer.

• Prohibits the California State University from requiring you to take more than 60 units to complete a 120-unit baccalaureate degree.

• Reduces the need to take unnecessary courses, thereby shortening your time to degree completion and **reducing your costs** at the community college and California State University.

• **Eliminates confusion caused** by different and shifting major preparation requirements that can vary by each California State University campus.

• Even if you do not complete or have to delay finishing your bachelor's degree, **you'll still have an associate degree and no one can take that from you**. It can significantly increase your earning potential and provide you with the skills employers are looking for in this difficult economy.

What classes would I need to take, in THEATER, in order to obtain this degree?

Program Requirements

THEA 10: Introduction to Dramatic Arts
Exploration of the history of theater through lively lecture and active participation in this course, designed to help you develop a greater appreciation and understanding of a 2500 yr. old art form.

THEA 1A: Theory and Practice of Acting I
Introduction to the techniques and theories of acting, explored through improvisation, exercises and scene study.

THEA 48A: Technical Theater in Production: Beginning
Participation in crews of scheduled major productions. Enrollment is for the full semester.

9 units from any of the following courses:

THEA 1B: Theory and Practice of Acting II
Continued exploration of the theory and practice of acting, focusing on more complex characterization and character analysis.

THEA 47A: Performance in Live Production: Beginning
Participation in cast of scheduled major production. Enrollment is for the duration of the production.

THEA 50: Stagecraft
Introduction to technical aspects of theatrical production, including theater architecture and scenic design, set construction and painting, drafting and rendering, production organization, lighting and sound design.

THEA 50L: Intro to Lighting Design
Introduction to research, imagining, and designing lighting for a play or musical.

THEA 51: Intro to Costume Design
Introduction to costume history, design, and basic construction techniques as an introduction to basic theatrical costuming.

The above courses, combined with the CSU or IGETC Gen Ed Course, should make up the basics of your AA degree. You must complete a total of 60 units with a 2.0 Average in order to receive the AA-T (Associates Degree for Transfer). If, after completing the above requirements and the GE requirements, you do not meet the full 60 units, you must complete more electives. We, of course, recommend taking those elective in the Department of Theater Arts in order to continue to grow your theatrical skill set.

For more info about the program, please visit: http://www.laspositascollege.edu/THEA/THEAprogram.php

California State University General Education (GE) Breadth Requirements
Las Positas College 2016 - 2017 (Effective Fall 2016)

USE THE BOXES ON THE RIGHT TO RECORD YOUR PROGRESS: N= NEED IP=IN PROGRESS C=COMPLETED

N	IP	C

AREA A: ENGLISH LANGUAGE COMMUNICATION AND CRITICAL THINKING
Select at least **1 course** from each Group below, total **9 units** required; must be completed with a grade of C or better.

A1: Oral Communication Speech 1 or 46

A2: Written Communication English 1A

A3: Critical Thinking English 4 or 7 or Speech 46 or Philosophy 6

AREA B: SCIENTIFIC INQUIRY AND QUANTITATIVE REASONING
Select at least **1 course** from each Group listed below, minimum **9 units** required

B1: Physical Science
Astronomy 1, 10, 20, 30;
Chemistry 1A, 1B, 12A, 12B, 30A, 30B, 31;
Environmental Studies 5;
Geography 1, 1L, 8;
Geology 1, 1L, 3, 3L, 5, 7, 12, 12L;
Physics 2A, 2B, 8A, 8B, 8C, 8D, 10 10L

B2: Life Science
Anthropology 1*, 1L, 13;
Biological Sciences: 1A, 1B, 1C, 7A, 7B, 7C, 10, 20, 30, 40, 50, 60
Psychology 4*

**Also listed in Area D but can only be used in one area.*

B3: Laboratory Activity
At least one of the courses selected from group B1 or B2 must include a lab.

Lab courses are indicated by an underline.

The chosen lab must be associated with a lecture component and/or connected as a co-requisite or prerequisite.

B4: Mathematics/ Quantitative Reasoning
Select **1 course**; must be completed with a grade of C or better.

Mathematics 1, 2, 3, 5, 7, 10, 20, 33, 34, 38, 39, 40, 45, 47

CS 17

AREA C: ARTS AND HUMANITIES
Select **3 courses** from below, **1 course from Arts, 1 course from Humanities & 1 from either area;** min **9 units**

C1: Arts Select at least **1 course** from below
Art History 1, 4, 5
Arts 2A, 3A, 10, 11
Music 1, 4, 5, 6, 8A, 8B
Photography 67
Theater Arts 1A, 4, 10, 11, 12, 25, 40, 51
Welding Technology 71

C2: Humanities Select at least **1 course** from below
American Sign Language 2A, 2B
English 11, 12A, 12B, 13, 20, 32, 35, 41, 44*, 45
French 2A, 2B
History 1*, 2*, 7*(F15), 8*(F15), 14*(F15)
Humanities 3, 6, 10, 28, 44
Philosophy 1, 1H, 2, 2H, 3, 4, 5
Religious Studies 1, 2, 3, 11
Spanish 2A, 2B
Speech 2, 5
**Also listed in Area D but can only be used in one area.*

AREA D: SOCIAL SCIENCES
Select **3 courses** from below, from at least **2 disciplinary perspectives;** minimum of **9 units**

Administration of Justice 50(F12), 56(F15), 60(F12), 66(F15)

Anthropology and Archeology 1*, 2, 3, 4, 5, 12
**Also listed in Area B but can only be used in one area.*

Business 30

Early Childhood Development 15***, 52, 56**, 62, 79
** *Also listed in Area E but can only but used in 1 area*
*** ECD 15 + Psych 15, *maximum credit 3 units*

Economics 1, 2, 5, 10

English 44*
**Also listed in Area C but can only be used in one area.*

Geography 2, 5, 12, 15

Health 3(F15)

History 1*, 2*, 7*, 8*, 14*, 25, 28, 32
**Also listed in Area C but can only be used in one area*

Marketing 50

Mass Communications 5, 31

Political Science 7, 12, 20, 25, 30

Psychology 1, 3, 4*, 6, 12**, 13, 15***, 25
**Also listed in Area B but can only but used in 1 area*
*** ECD 15 + Psych 15, *maximum credit 3 units*

Psychology-Counseling 3, 13

Sociology 1, 3, 4, 5, 6, 11, 12, 13

Speech 11

Women's Studies 1, 2

California State University General Education (GE) Breadth Requirements
Las Positas College 2016 - 2017 (Effective Fall 2016)

USE THE BOXES ON THE RIGHT TO RECORD YOUR PROGRESS: N= NEED IP=IN PROGRESS C=COMPLETED

N	IP	C

AREA E: LIFELONG LEARNING AND SELF DEVELOPMENT Select **3 units** from below
Veterans with DD214 honorable discharge receive waiver for this area and 3 units toward CSU transfer.

Dance* 2A/B, 3, 5A/B
Early Childhood Development 54, 56**
Health 1, 3
Health Science 55
Kinesiology 21A, 21B, 22A, 24, 30,
Kinesiology Activity* AAE, AAQE, AB, AIE, AFG, APA, AQA, AQJD, ASA, AWT, BC1, BC2, BC3, BD1, BD2, BD3, BK, BKL, BKP, BL, BRD, BSF1, BX, CL, CP, CSVB, CW, CYCL1, DBS, DE, DRJ1, DRJ2, DRJ3, DRJ4, DS, DT, DV1, FC, FD, FFL, FL1, FL2, FL3, FN1, FN2, FN3, FSC, FS1, FS2, FW1, FW2, FW3, GBW, GF1, GF2, GF3, HHA, ID, JW, LAX1, LDFI, LG, OF, PF, PL1, PL2, PM, PPA1, SC1, SC2, SD, SI, SS, SWA, SW1, SW2, SW3, SW4, SWF1, SWF2, SWF3, SWF4, TDE1, TDE2, TK1, TK2, TK3, TN1, TT, TTT, UF1, UF2, UF3, UF4, VB1, VB2, VB3, WP1, WP2, WP3, WT1, WT2, WTW1, WTW2, XT1, YO ATH, YOF, YO1, YO2, YO3, YO4, ZUM1
Numbered Activity Courses: 26-65

Nutrition 1
Psychology 10, 12**, 24
Psychology-Counseling 7***, 10, 11, 18(F13), 30
Sociology 4, 7
Speech 3(F15), 10, 11(F15)

Limit 2 units.
*** Also listed in Area D but can only be used in one area.*
**** For Area E credit, course must be taken once for 3 units.*

US History, Constitution, and American Ideals: Complete **1 of the groups** below
Completion of the United States History, Constitution, and American Ideals Requirement is required for graduation from any CSU Campus. All CSUs will allow up to 6 of the units taken to meet this requirement to be credited toward satisfying the General Education Breadth Requirements in Area C2 and/or D as approved above.

GROUP 1 – History 7 & History 8
or
GROUP 2 – Political Science 7 & History 7 or 8 or 25 or 32

PLEASE NOTE THE FOLLOWING:

1. For a course to meet a CSU GE requirement, the course must be on the CSU GE pattern during the academic year it is taken.
2. Completion of the CSU GE Breadth pattern is not an admission requirement. If appropriate for the major, students may complete the minimum eligibility requirements for admission to a CSU – see a counselor for details and advisement.
3. Advanced Placement (AP) exams with passing scores may be applied to the CSU GE pattern. For details, see a counselor and/or the AP chart in the Catalog.
4. Request a **CSU GE Certification** in the Admissions & Records Office at the end of the last semester before transferring. The certification is the process by which the community college verifies that a student has completed all of the required coursework for the CSU GE pattern (partial completion is possible), which is sent directly to the transfer institution. If CSU GE is not certified, students may be subject to the lower-division GE requirements of the campus to which they transfer.

INTERSEGMENTAL GENERAL EDUCATION TRANSFER CURRICULUM (IGETC)

LAS POSITAS COLLEGE 2016-2017 (EFFECTIVE FALL 2016)

MAY BE USED FOR GENERAL EDUCATION CERTIFICATION FOR THE UNIVERSITY OF CALIFORNIA AND/OR THE CALIFORNIA STATE UNIVERSITY

USE THE BOXES ON THE RIGHT TO RECORD YOUR PROGRESS: N = NEED IP = IN PROGRESS C = COMPLETED	N	IP	C
AREA 1: ENGLISH COMMUNICATION **CSU**: Select **3 courses, 1** from **Group 1A** and **1** from **Group 1B**, and **1** from **Group 1C**, total of **9 units** required **UC**: Select **2 courses, 1** from **Group 1A** and **1** from **Group 1B,** total of **6 units** required			
GROUP 1A: English Composition *(3 units)* English 1A			
GROUP 1B: Critical Thinking/English Composition *(3 units)* English 4 or 7			
GROUP 1C: Oral Communication - CSU only *(3 units)* Speech 1 or 46			
AREA 2: MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING Select **1 course** from below; minimum **3 units** required			
Mathematics 1, 2, 3, 5, 7, 10, 20, 33, 34, 40, 45, 47 or CS 17			
AREA 3: ARTS AND HUMANITIES Select **3 courses** from below, at least **1 course from Arts, 1 course from Humanities & 1 from either area;** minimum of **9 units**			
3A: ARTS *Select at least* **1 course** *from below*: Art History 1, 4, 5 Music 1, 4, 5, 8A, 8B Photography 67 Theater Arts 4, 10, 11, 12, 14* **Course must be taken for 3 units for IGETC credit.* **3B: HUMANITIES** *Select at least* **1 course** *from below:* American Sign Language 2A, 2B English 20, 32, 35, 41, 44, 45 French 2A, 2B History 1*(F15), 2*(F15), 7*(F15), 8*(F15), 14*(F15) Humanities 3, 6, 10, 28, 44 Philosophy 1, 1H, 2, 2H, 3, 4, 5 Religious Studies 1, 2, 3, 11 Spanish 2A, 2B			
AREA 4: SOCIAL AND BEHAVIORAL SCIENCES Select **3 courses** from below, from at least 2 different disciplinary perspectives, minimum of **9 units**			
Anthropology 1*, 2, 3, 4, 5, 12 Early Childhood Development 52, 56 Economics 1, 2, 5, 10 Geography 2, 5, 12 Health 3(F15) History 1*, 2*, 7*, 8*, 14*, 25, 28, 32 Mass Communications 5, 31 Political Science 7, 12, 20, 25, 30 Psychology 1, 3, 4*, 6, 12, 13, 25 Psychology-Counseling 13 Sociology 1, 3, 4, 5, 6, 11, 12, 13 Women's Studies 1, 2 **Courses may be listed in more than one area but will NOT be certified more than once*			
AREA 5: PHYSICAL SCIENCE AND BIOLOGICAL SCIENCE Select **1 Physical Science Course and 1 Biological Science Course** from below; minimum **7 units;** **1 course** must include a laboratory **Courses may be listed in more than one area but will NOT be certified more than once*			
5A: PHYSICAL SCIENCE Astronomy 1, 10, 20, 30 Chemistry 1A, 1B, 12A, 12B, 30A, 30B, 31 Environmental Studies 5 Geography 1, 1L, 8 Geology 1, 1L, 3, 3L, 5, 7, 12, 12L Physics 2A, 2B, 8A, 8B, 8C, 8D, 10, 10L **5B: BIOLOGICAL SCIENCE** Anthropology 1*, 1L, 13 Biological Sciences: 1A, 1B, 1C, 7A, 7B, 7C, 10, 20, 30, 40, 50, 60 Psychology 4* **Courses may be listed in more than one area but will NOT be certified more than once* **5C: Laboratory Science Requirement** At least one course selected from group 5A or 5B must include a lab. Lab courses are indicated by an underline. The chosen lab must be associated with a lecture component and/or connected as a co-requisite or prerequisite.			
AREA 6: LANGUAGE OTHER THAN ENGLISH - UC REQUIREMENT ONLY Proficiency in a language other than English may be met in one of the ways listed below			
1. Complete **1** of the following courses or a higher level: ASL 1A, French 1A, Italian 1A, Spanish 1A. 2. Complete **2** years of high school study in the same language, completed with a grade of 'C–' or higher. 3. Demonstrating equivalent proficiency prior to transfer may also satisfy this requirement.			
AMERICAN INSTITUTIONS REQUIREMENT - CSU GRADUATION REQUIREMENT ONLY Complete **1 group** from below. *These courses may also be applied to Area 3B or 4 as referenced above.*			
GROUP 1: History 7 and History 8 **GROUP 2**: Political Science 7 and one of the following: History 7 or 8 or 25 or 32			

PLEASE NOTE THIS IMPORTANT INFORMATION

1. For a course to meet an IGETC requirement, the course must be on the IGETC pattern during the academic year it is taken.
2. All courses taken to meet IGETC requirements must be completed with a grade of 'C' or better.
3. Students are encouraged to meet with a counselor to discuss the various requirements for transfer and to make a Student Education Plan (SEP).

FAQS Intersegmental General Education Transfer Curriculum (IGETC)

Q What is the Intersegmental General Education Transfer Curriculum (IGETC)?

A IGETC is a general education pattern which community college transfer students can follow to fulfill lower-division general education requirements for either the UC or CSU systems. This pattern is advisable for students who are undecided about their transfer goals because it keeps their options open. Many private/independent colleges/universities also recognize or accept IGETC (check with a counselor for details).

Q Is IGETC an admission requirement?

A NO. There is no connection between completion of IGETC and eligibility for admission to the CSU or UC system.

Q What alternatives to IGETC exist?

A Community college students who are CSU-bound have the option to complete the CSU General Education Breadth requirements. Students who are UC-bound have the option of completing the general education requirements of the destination UC campus or the minimum UC transfer admission requirements as listed on ASSIST.org > select Las Positas College and UC Transfer Admission Eligibility Courses.

Q Is it advisable for all transfer students to follow IGETC?

A NO. Not all majors should follow IGETC. Students pursuing majors that require extensive lower-division major preparation (i.e. Engineering) may not find IGETC advantageous, and the transfer institution may advise following the minimum UC eligibility requirements listed on ASSIST.org > select Las Positas College and UC Transfer Admission Eligibility Courses.

Q What are the minimum UC Transfer Eligibility Requirements for junior-level transfer students?

A Minimum Admission Requirements:

- 60 UC transferable units
- 2.4 cumulative GPA (impacted campuses and majors may require higher GPAs)
- No more than 14 semester units taken Pass/Not Pass (P/NP)
- 7 UC transferable GE courses as follows:
  - 2 courses in English composition (ENG 1A and ENG 4, or 7)
  - 1 course in Mathematical Concepts and Quantitative Reasoning (IGETC Area 2)
  - 4 courses chosen from at least 2 of the following subject areas (see IGETC for approved courses):
    - Arts and Humanities
    - Social and Behavioral Sciences
    - Physical and Biological Sciences

Q Will all UC and CSU campuses accept IGETC?

A UC San Diego's Eleanor Roosevelt and Revelle Colleges and UC Berkeley's Haas School of Business will NOT accept IGETC.

Q Can I use Advanced Placement (AP) exams for IGETC?

A YES. AP exams may be applied to IGETC with passing scores. For details, see the AP Chart in the LPC Catalog.

Q What is "IGETC Certification" and how do I request it?

A IGETC certification is the process by which the community college verifies that a student has completed all of the required coursework for the IGETC pattern (partial completion is also possible), which is sent directly to the transfer institution. If IGETC is not certified, students may be subject to the lower-division general education requirements of the campus to which they transfer. Request an IGETC Certification in the Admissions & Records at the end of the last semester before transferring.

Student Priority Registration Criteria

Status	Criteria
1st	Active Duty Military, Veterans, & Former Foster Youth who are NEW/ CONTINUING & FULLY MATRICULATED IN GOOD STANDING
2nd	State Mandated Special Program Students in EOPS & DSPS who are NEW/CONTINUING & FULLY MATRICULATED IN GOOD STANDING
3rd	NEW/CONTINUING STUDENTS WHO ARE FULLY MATRICULATED IN GOOD STANDING College District will be given the flexibility to set priorities and categories within this group based on criteria such as number of units completed, etc.
4th	High School Concurrent Enrollment Students (based on availability and funding resources)

Students MUST be registered in at least one course past the "NGR" Deadline each semester to maintain priority registration status as a continuing student PLUS meet the matriculation and good standing criteria noted here.

Planning Guide for Counseling Services Appointments:

Use the following as an availability guide for Counseling Services at Las Positas College, to manage your time efficiently.

Legend:

☺ Most Available Dates – recommended for all services, including long range planning, transfer & general counseling.

☹ Least Available Dates – expect high impact & limited services. Best option is to seek general information from drop-in Counseling only.

Note - Priority given to students needing probation services, Fin. Aid SEP, and Veterans services. Access to other services accommodated within available staffing and resources.

Months or Annual Cycle:

☹ January - Winter Break-very limited services.

☹ Late January - Very busy. Best option is to seek general information on drop-in Counseling only.

☺ February

☺ March

☺ Late March-Spring Break may impact availability

☺ Early April-Spring Break may impact availability

☹ Mid April - Priority Registration begins for next Summer and Fall terms-very busy. Seek general information from drop-in Counseling only.

☹ May - Priority Registration continues-very busy. Seek general information from drop-in Counseling only.

☹ June - Summer Break-very limited services

☹ July - Summer Break-very limited services

☹ August - Summer Break-very limited services

☹ Late August - Fall term begins-very busy. Seek general information from drop-in Counseling only.

☺ September

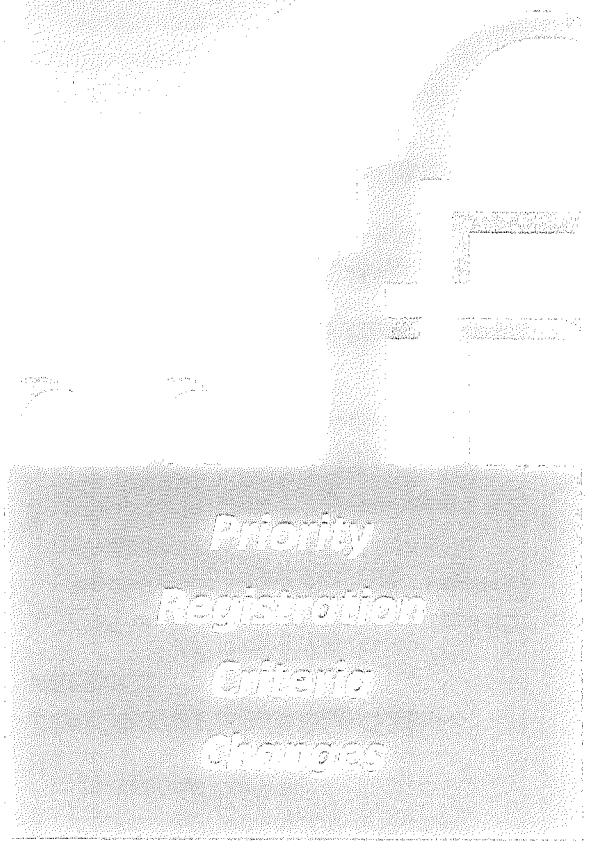
☺ October

☺ Early November

☹ Mid November - Priority Registration begins for next Spring term-very busy. Seek general information from drop-in Counseling only.

☹ December - Priority Registration continues-very busy time. Best option is to seek general information from drop-in counseling only.

LAS POSITAS COLLEGE



Based on Student Success Act of 2012....

Beginning with registration for Summer/Fall 2014

Matriculation

In 1986, the California Legislature passed Assembly Bill 3 (AB 3), the Seymour-Campbell Matriculation Act, establishing the matriculation process in California Community Colleges. In 1990, the Board of Governors adopted formal regulations to delineate procedures, activities, and prohibited practices related to the implementation of the process. These regulations were contained in Title 5 of the California Code of Regulations.

In 2012, the California Legislature passed Senate Bill 1456 (SB 1456), the Student Success Act of 2012, transforming the previously established Matriculation Program noted above into the revised Student Success & Support Program. The Student Success & Support Program is the new matriculation process in California Community Colleges effective January 26, 2013. Beginning January, 2013, Community Colleges are charged with communicating expected changes for students under the new Student Success Act. The provisions of the Student Success Act of 2012 will be implemented in Spring, 2014, as students register for their Fall 2014 classes.

It is important current and incoming students are made aware of the impact of the impact of the Student Success Act of 2012.

What Does It Mean To Be Matriculated?

A. Changes in Priority Registration Status:

1st level priority-active duty military & veterans AND current or former foster youth WHO ARE NEW/CONTINUING & FULLY MATRICULATED IN GOOD STANDING.

2nd level priority-EOPS & DSPS students WHO ARE NEW/CONTINUING & FULLY MATRICULATED IN GOOD STANDING.

3rd level priority-Continuing and new students WHO ARE NEW/CONTINUING & FULLY MATRICULATED IN GOOD STANDING.

B. Excess unit condition:

Continuing students would LOSE enrollment priority if they:

1. earn more than 100 units (not including non-degree, basic skills and ESL, and special classes for students with disabilities)
2. are on academic OR progress probation for 2 consecutive terms

C. Loss of Board of Governors Fee Waiver:

1. earn more than 100 units (not including non-degree, basic skills and ESL, and special classes for students with disabilities)
2. are on academic OR progress probation for 2 consecutive terms

Las Positas College
Student Services
3000 Campus Hill Drive
Livermore, CA 94551
www.laspositas.edu/matriculation

What Does It Mean To Be Fully Matriculated?

Being fully matriculated means the student has completed 3 funded core services:

1. Assessment
2. Orientation
3. Counseling/Advising/Other Student Educational Planning

What Does It Mean To Be In "Good Standing"?

1. NOT on Academic Probation-you are NOT on academic probation if your cumulative (ongoing total) GPA is 2.00 or higher.
2. NOT on Progress Probation- you are NOT on progress probation if you have earned grades of A, B, C, D, F, or P in over 50% of the total units you have attempted.

What Can I Do If I Lose My Priority Status?

Las Positas College will have an appeals policy and process in place for students who:

1. Lose enrollment priority due to extenuating circumstances
2. Are disabled and who applied for but did not receive timely reasonable accommodation
3. Demonstrate significant and satisfactory academic improvement in subsequent term(s).

When Are These New Policies Implemented?

These regulations will be implemented during Spring 2014 for Su/Fall 2014 registration cycle.

Summer/Fall 2016 Assessment Schedule

Las Positas College Assessment Center
(Building 1600, Room 1642)

SCHEDULED OPEN ASSESSMENT SESSIONS

The assessment test is used to determine your placement into the appropriate level of math, English, English as a Second Language (ESL), and chemistry courses.

1. No appointments needed for testing.
2. Students will be placed in the testing sessions on a first come-first served basis. Students arriving late will be seated as space becomes available.
3. The English and ESL Assessments and will take approximately 1.5 hours.
4. The Math Assessment will take approximately 1.0 hours.
5. Please plan accordingly and arrive no later than 2 hours before closing to be able to complete both assessment tests.

Testing Requirements:

1. Please arrive 10 minutes before the scheduled session starting time (Rm. 1642) to complete required check-in process.
2. Bring a valid photo ID and Student ID ("W") number. Students will NOT be admitted to testing without a photo ID. NO EXCEPTIONS.
3. Following completion of assessment tests you will be scheduled for a Program Planning session.
4. Students must purchase $2.00 daily campus parking permit if parking on campus (exact change required).

Please take the assessment test very seriously. You may only take the English, Math, and Chemistry assessment tests once every six months.

ESL tests may only be taken once a year.

Prepare for the Assessment tests by reviewing the study guides available on the Assessment Center webpage:

Study Guides:
http://www.laspositascollege.edu/assessmentcenter/studyguides.php

For **ADA accommodations**, please call the Disability Resource Center (DRC) at (925) 424-1510.

You may file a petition to reassess through the Office of the Dean of Student Services. Petitions may be obtained in the Las Positas College Counseling Office (Bldg 1600) or online through the "Counseling Forms" link.

LAS POSITAS COLLEGE

CONTACT INFORMATION:
Phone: (925) 424-1475
Email: lpc-assessment@laspositascollege.edu
Website: www.laspositascollege.edu/assessmentcenter

APRIL 2016

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
3	4 4:00 PM-8:00 PM	5	6 1:00 PM-5:00 PM	7	8 11:00AM-3:00 PM	9
10	11 4:00 PM-8:00 PM	12	13 1:00 PM-5:00 PM	14	15	16
17	18 4:00 PM-8:00 PM	19	20 1:00 PM-5:00 PM	21	22	23
24	25 4:00 PM-8:00 PM	26	27 1:00 PM-5:00 PM	28	29	30

MAY 2016

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
1	2 4:00 PM-8:00 PM	3	4 1:00 PM-5:00 PM	5	6 11:00AM-3:00 PM	7
8	9 4:00 PM-8:00 PM	10	11 1:00 PM-5:00 PM	12	13	14 9:00 AM-1:00 PM
15	16 4:00 PM-8:00 PM	17	18 1:00 PM-5:00 PM	19	20	21
22	23 4:00 PM-8:00 PM	24	25 1:00 PM-5:00 PM	26	27	28

JUNE 2016

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
29	30 HOLIDAY	31	1 1:00 PM-5:00 PM	2	3 11:00AM-3:00 PM	4 9:00 AM-1:00 PM
5	6 4:00 PM-8:00 PM	7	8 1:00 PM-5:00 PM	9	10	11
12	13 4:00 PM-8:00 PM	14	15 1:00 PM-5:00 PM	16	17	18
19	20	21	22	23	24	25

* NO TESTING: JUNE 20 – JULY 5

JULY 2016

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
3	4 HOLIDAY	5	6 1:00 PM-5:00 PM	7	8 9:00 AM-1:00 PM	9 9:00 AM-1:00 PM
10	11 4:00 PM-8:00 PM	12	13 1:00 PM-5:00 PM	14	15	16
17	18 4:00 PM-8:00 PM	19	20 1:00 PM-5:00 PM	21	22	23
24	25 4:00 PM-8:00 PM	26	27 1:00 PM-5:00 PM	28	29	30

AUGUST 2016

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
31	1 4:00 PM-8:00 PM	2	3 1:00 PM-5:00 PM	4	5 9:00 AM-1:00 PM	6 9:00 AM-1:00 PM
7	8 4:00 PM-8:00 PM	9	10 1:00 PM-5:00 PM	11	12	13
14	15 4:00 PM-8:00 PM	16	17 1:00 PM-5:00 PM	18	19	20
21	22	23 9:00 AM-12:00 PM	24 1:00 PM-5:00 PM	25	26	27
28	29 4:00 PM-8:00 PM	30	31 1:00 PM-5:00 PM			

LAS POSITAS COLLEGE Counseling Division

Student Educational Plan (SEP)

Referral:
- ☐ Financial Aid
- ☐ International Students
- ☐ Veterans
- ☐ Athletes
- ☐ Student Intervention

Name: Sample, Student W#: XXXXXXXX

Catalog Year: _____

Educational Goal

- ☑ BA/BS Degree:
  - Major: Drama
  - College: San Francisco State Univ.
- ☑ AA/AS Degree:
  - Major: Theater Arts
  - College: LPC
- ☐ AA-T/AS-T Degree:
  - Major: _____
  - College: _____
- ☐ Certificate:
  - Major: _____
- ☐ Job Skills/Employment
- ☐ Other: _____

Notes

*Students English and Math starting points depend on assessment results.

**CSU Transferable units total (can transfer up to 70 units)

***not all schools accept spring transfer students. See a counselor to discuss.

Total Units	**62

Fall Term, 20 14

Course	Units
*English 104 (non-transferable)	4
*Math 55 (non-transferable)	5
Thea 1A (major)	3
Kin Activity (Wellness GE)	1
TOTAL	13

Spring Term, 20 15

Course	Units
English 1A	3
Math 45 (Area D)	3
Thea 1B (major)	3
Thea 40 (major)	3
Environ 5 (Science GE)	3
TOTAL	15

Summer Term, 20 15

Course	Units
History 7 (Area D & Amer Inst)	3
TOTAL	3

Fall Term, 20 15

Course	Units
English 4 or 7	3
Thea 10 (major)	3
Thea 47 (major)	3
Anthro 1 & 1L (Science & B2/3)	4
TOTAL	13

Spring Term, 20 16

Course	Units
Thea 48 (major)	3
Speech 2A or 5 (related elective)	3
Pscn 13 (Area D & Amer Cult. GE)	3
Hist 8 (Area D & Amer Inst)	3
TOTAL	12

Summer Term, 20 16

Course	Units
Speech 1 (Area A1)	3
Apply August 1-30th	
TOTAL	3

Fall Term, 20 16

Course	Units
Thea 25 (major elective & SFSU)	3
Health1 or Nutr 1 (Wellness GE)	3
Electives	6
Petition for AA Degree	
TOTAL	12

Spring Term, 20 17

Course	Units
***Begin at SFSU	
TOTAL	

Term, 20

Course	Units
TOTAL	

Counselor's Signature: Sample Date: 09/25/14

Student's Signature: Sample Date: 09/25/14

LAS POSITAS COLLEGE

Community Resources for Students In Need

START HERE

www.c4yourself.com : Find out if you are eligible for support services through your county
http://www.laspositascollege.edu/calworks/resources_links.php: List of additional resources available
http://www.laspositascollege.edu/healthcenter/services.php: List of additional resources through our LPC health center
http://211bayarea.org/: Comprehensive resource guide for all bay area.

GENERAL ASSISTANCE

General Assistance: Provides cash for legal residents with no other financial means. Can also provide rental assistance/personal needs voucher or travel assistance. Cash grant max is $336 for a single person per month. This is considered a loan and will need to be repaid.

Livermore: (925) 455-0747 State Helpline: (916) 552-9797 Alameda County: 1-888-999-4772

Alameda County Social Services Office Locations:

North County
North County Multi-Service Center
2000 San Pablo Ave
Oakland CA 94612
510-891-0700

East County
Eastmont Self-Sufficiency Center
6955 Foothill Blvd Suite 100
Oakland, CA 94605
510-383-5300

South County
Eden Area Multi-Service Center
24100 Amador Street
Hayward, CA 94544
510-670-6000

Fremont Outstation
39155 Liberty St Ste C330
Fremont, CA 94536
510-795-2428

Livermore Outstation
3311 Pacific Avenue
Livermore, CA 94550
925-455-0747

Contra Costa County General Assistance: 1 (877) 505-4630
San Joaquin General Assistance: Apply at San Joaquin Human Services Agency 333 E. Washington St, San Joaquin, CA 95202
San Joaquin: http://www.sjchsa.org/Assistance/Financial-Assistance

HOUSING

http://www.cityofpleasantonca.gov/resident/housing/affordable.asp
Contra Costa County Housing Authority Public Housing Waitlist (925) 957-8084
Eden Council for Hope and Opportunity (ECHO):
- Newark-(510) 581-9380
- Tri-Valley (510) 449-7340

Fremont Fair Housing (510) 574-2270: Landlord/Tenant Services
Housing Workshop/Shared Housing Contra Costa County (925) 363-7293
Other housing websites:
- www.bridgehousing.com
- www.edenhousing.org
- www.midpen-housing.org
- www.satellitehousing.org

Rental Assistance: http://www.echofairhousing.org/rental-assistance-program.html

FOOD/CLOTHING

Emergency Food Benefits – Alameda County Food Bank: Food Helpline 1-800-870-3663 (Hours) M-F 9:00-12:00/1:00-4:00
Food Stamps – Gross Monthly Income between $1,174-$2,794: Information 1-800-870-3663 or 1-888-999-4772
Open Heart Kitchen - Hot meal programs throughout the Tri-Valley http://www.openheartkitchen.org/
School Meals for Children: Automatically Qualify if you are 1)Homeless 2)Receiving food stamps, FDPIR, CalWORKs, KinGap 3)Foster children 4)Enrolled in migrant education program. Pick up application at District food service office.
- Alameda Unified District: 2200 Central Avenue, Alameda (510) 337-7000

Shepherd's Gate - Shelter services for women and children http://www.shepherdsgate.org/
Society of St. Vincent DePaul - Crisis intervention, food, clothing and shelter http://www.svdp-alameda.org/index.php
Tri-Valley Church of Christ - Food, blankets, clothing http://www.trivalleychurch.org

LAS POSITAS COLLEGE

Community Resources for Students In Need

SHELTER

http://www.abodeservices.org/
Battered Women's Alternative 24-hour Hotline - (1-888-215-5555).
Bay Area Crisis Nursery provides emergency residence for infants and children up to 5 years old (510/685-8052).
Crisis Support Services of Alameda County (510/449-5566) and Crisis and Suicide Intervention (1-800-833-2900) provide 24-hour intervention counseling.
Eden Housing information Line: (510)247-8141
Livermore Homeless Refuge recorded hotline (925) 292-0265. This is a winter relief shelter open November 1st through April 30th during inclement weather.
National Domestic Violence Hotline - (1-800-799-7233).
National Runaway Switchboard - (1-800-621-4000)
Shepherd's Gate (925) 443-4283
Tri-Valley Affordable Rental Housing Guide: http://www.cityoflivermore.net/civicax/filebank/documents/5942/
Tri-Valley Haven Domestic Violence Hotline (1-800-884-8119)
Tri-Valley Homeless Services (925) 449-2510

EMPLOYMENT

http://www.ci.dublin.ca.us/index.aspx?NID=649
www.eastbayworks.com
Section 3 Livermore Jobs: http://www.livermorehousingauthority.com/pb/wp_cf4b13dd/wp_cf4b13dd.html

MEDICAL

Axis Community Health - Affordable medical care, school physicals and immunizations for low-income families http://www.axishealth.org/
HOPE services – Medical needs for homeless. All services are free. Monday-Thursday 10:00 to 1:00 (3607 Main St, Ste A, Fremont)
Medi-Cal Benefits (510) 777-23
Valley Care Health System - Hospital/urgent care services in Pleasanton and Livermore http://www.valleycare.com/

CHILDCARE

C.A.P.E. Head Start - Affordable preschool program http://www.capeheadstart.org/
Child Care Links - Child care referrals and subsidy program http://www.childcarelinks.org/index.html
L.A.R.P.D - Subsidized child care for school-aged children http://www.larpd.dst.ca.us/
Trustline Registry - Background checks of child care providers for parents http://www.trustline.org/
Women, Infants, and Children (WIC) – Services for pregnant women and children under 5. (510)-595-6400
Y.M.C.A - Child care for infants, preschool and school-aged children http://www.ymca.net/

SUICIDE/CRISIS

Remember that Helping Hands are available all over campus if you ever need to talk!
(800)309-2131 (800)-SUICIDE or (510)849-2212 (510)268-7836
Anthropos Counseling Center http://www.anthroposcounseling.org/
Axis Community Health - Family and teen drug and alcohol counseling http://www.axishealth.org/
Family Paths - Helpline for parents under stress http://www.familypaths.org/
Horizons Family Counseling - Counseling/delinquency prevention for at-risk youth and families
http://www.ci.livermore.ca.us/Horizons/Horizons.html